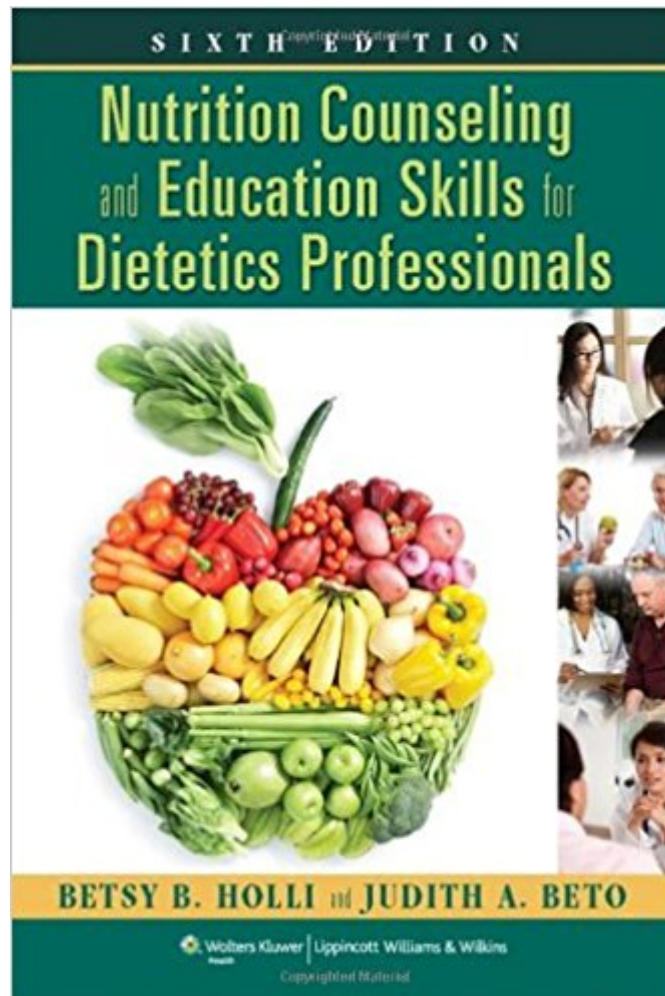




The book was found

# Nutrition Counseling And Education Skills For Dietetics Professionals



## Synopsis

The text covers communications, counseling, interviewing, motivating clients, delivering oral presentations and using media in presentations. Communication is basic to the relationship that the Registered Dietitian (RD) professional has with their clients. The Academy of Nutrition and Dietetics recognizes the importance of communication skills for practitioners to promote health, disease prevention and treatment. Providing people with information on what to eat is not enough, the RD must also promote and facilitate behavior changes to more healthful food choices. The text incorporates the Nutrition Care Process (NCP) and model, including four steps of nutrition assessment, nutrition diagnosis using PES statement (Problem, Etiology and Signs/Symptoms), nutrition intervention, and nutrition monitoring and evaluation. The PES statements are the most critical in that the Academy of Nutrition and Dietetics has been stressing this as an essential component of their standards and requirements. The text uses activities, case studies, self assessment questions, web references and graphics to engage the student and drive the content home.

Judith A Beto, PhD, RD, FADA is the lead author. The Nutrition Care Process is now included in chapter 1 for those who wish to include it in the case studies. The Appendices contain the standardized language for the Nutrition Care Process from the International Dietetics & Nutrition Terminology (IDNT) Reference Manual. There is one case study per chapter with others available on thePoint. Motivation is integrated into appropriate chapters rather than a separate chapter. The cultural and life cycle chapters are expanded based on market feedback. Chapter content and references are updated.

**Dedication**  
**Preface**  
**Chapter 1** Guides for Nutrition and Dietetics Practice  
**Chapter 2** Communication  
**Chapter 3** Interviewing  
**Chapter 4** Person-Centered

Counseling    Chapter  
5    Stages and Processes of Health Behavior Change    Chapter  
6    Counseling for Behavior  
Modification    Chapter  
7    Counseling for Cognitive Change    Chapter  
8    Counseling Through the Life-Span    Chapter  
9    Communication and Cultural  
Diversity    Chapter  
10    Principles and Theories of Learning    Chapter  
11    Planning Learning    Chapter  
12    Implementing and Evaluating  
Learning    Chapter  
13    Group Facilitation and Dynamics    Chapter  
14    Effective Oral Presentations    Chapter  
15    Using Instructional Media    Appendix  
A:    Nutrition Assessment and Monitoring and Evaluation Terminology    Appendix  
B:    Nutrition Diagnostic Terminology    Appendix C:    Nutrition Intervention  
Terminology    Index

## Book Information

Paperback: 440 pages

Publisher: LWW; Sixth, None edition (December 25, 2012)

Language: English

ISBN-10: 1451120389

ISBN-13: 978-1451120387

Product Dimensions: 1 x 6 x 9 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.4 out of 5 stars 12 customer reviews

Best Sellers Rank: #26,217 in Books (See Top 100 in Books) #11 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Diet Therapy](#) #17 in [Books > Medical Books > Allied Health Professions > Diet Therapy](#) #191 in [Books > Education & Teaching > Schools & Teaching > Counseling](#)

## Customer Reviews

I read the first chapter for my Nutrition Intervention I class, and I have to say I liked the style of writing. The questions at the end of the chapter are a great way to identify the key components too.

Not what I was looking for. Would have liked more info for patients and sample handouts, meal planning etc. Sent back.

Loved it...

Great read! Essential to all future dietetics professionals.

Needed it for class and gets the job done. It definitely has some useful information that I'll always be able to refer back to.

Saved me a ton during my work as a nutrition educator!

Do not know how it ranks until My class is over

Good condition

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Crisis Counseling (Creative Pastoral Care and Counseling) (Creative Pastoral Care & Counseling)  
Nutrition Counseling Skills For The Nutrition Care Process Fitness Nutrition: The Ultimate Fitness  
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Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) Academy of Nutrition and Dietetics  
Pocket Guide to Lipid Disorders, Hypertension, Diabetes, and Weight Management, Second Edition  
Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines (World Review of  
Nutrition and Dietetics, Vol. 110) International Dietetics and Nutritional Terminology (Idnt) Reference  
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